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# Introduction to the Lower Limb

2-Day Course on 13<sup>th</sup> & 14<sup>th</sup> April 2013

This course is an introduction to evidenced based musculoskeletal assessment, diagnosis and treatment for conditions of the lower limb for physiotherapists. This course is geared towards newly qualified physiotherapists aiming to increase or maintain their musculoskeletal skills. The course will cover anatomy, pathophysiology, assessment, clinical reasoning & diagnosis, and treatment techniques for the hip, knee and ankle joints.

**Who are we?** We are two Glasgow based, experienced musculoskeletal physiotherapists with over 18 years of combined experience in both the public and private sectors. We have experience in a wide variety of conditions from the acute in A & E, to orthopaedic rehab, and to the management of chronic pain. Tutors have all attended numerous post graduate courses from MACP to Muscle Imbalance to Nags & Snags etc. All our tutors are also experienced presenters & clinical educators. The tutors for this course are: Patrice Berque BSc (Hons) MMACP, MAACP, MCSP and Andrew Maclaine BSc (Hons), MSc, MCSP. We have run this course on several occasions, with excellent feedback which can be viewed online at [www.physioglasgow.co.uk/courses.html](http://www.physioglasgow.co.uk/courses.html).

**The small print:** The **cost of the course is £100** for the two days, which equates to **12 hours of CPD time**. The course runs on **Saturday from 9:00 to 16:30, & Sunday from 9:30 to 15:30**. **All payments must be made by cheque or electronically by Saturday 6<sup>th</sup> April 2013**. Tea and coffee are provided and there is a 45-minute break for lunch. Handouts of presentations are provided. All participants are expected to take an active part in the practical sessions of the course so please wear loose comfortable clothing and bring your shorts & trainers. The course will take place at the **Physiotherapy Department, Queen Elizabeth Building, Glasgow Royal Infirmary, 16 Alexandra Parade, G31 2ES**. Enter via **Alexandra Parade door**.

**Contact us:** Due to our clinical commitments, all our communications need to be electronic. **Please e-mail us on:** [glasgowphysioseminars@hotmail.co.uk](mailto:glasgowphysioseminars@hotmail.co.uk). Please send cheques payable to: **Glasgow Physio Seminars, and post to 7 Hillfoot Drive, Bearsden, Glasgow, G61 3QQ**. Cheques will be returned if insufficient numbers are reached to justify the running of the course. Please provide forwarding address, email, and contact details with payment. For **electronic payments** please email or phone for account details. **Any other enquiries to: 07929399785**.